

Good
Food
Brighter
Days



Healthy
Minds
Happier
Learners



Meal plan

TERM III 2026

WEEK TWO

MONDAY

Rice with peas

Fruit: Pineapple



TUESDAY

**Irish potatoes
and salads**



WEDNESDAY

Posho and beans

Drink: Juice



THURSDAY

**Matooke, rice
and groundnuts**



FRIDAY

Spaghetti and rice

Fruit: Watermelon



For parents

Please inform the school of your child's food allergies.
Fruit or drink is shown only where specified.

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Good
Food
Stronger
Together



Same
Table
Brighter
Futures

